



The On Earth Project

Leah Babinski, LPC, NCE,
LSC
37621 Pembroke Ave.
Livonia, MI 48152
lbabinskitoecp@gmail.com
312.257.5852

THE ON EARTH COUNSELING PROJECT

The On Earth Counseling Project is dedicated to providing a safe and supportive environment wherein counselors partner with clients to work toward sustainable personal growth, healing, and mental/emotional health.

–Mission Statement

PROFESSIONAL DISCLOSURE STATEMENT LIMITED PROFESSIONAL COUNSELOR

Thank you for taking the time to read through this document. I am very excited to have the opportunity to work with you. In our first session we can discuss the content together and I can answer any questions about the process. This will provide you with information regarding our work together and give you a better understanding of my personal view of counseling and what to expect.

COUNSELING SERVICES & APPROACH:

Counseling services are provided through individual, family, and group sessions. I work from a solution-focused and humanistic lens which leads to a client-centered approach. In sessions I employ strategies using cognitive-behavioral, holistic and systems-based therapeutic approaches. In our sessions we will discuss the goals of counseling and ways to evaluate the process.

QUALIFICATIONS

For the past 15 years I have been fortunate to work in education in California, Illinois, and Michigan. I currently provide counseling and guidance services for students through Plymouth-Canton Community Schools. In addition, I provide individual counseling and counselor supervision in a private practice setting. I have a masters of arts in counseling with a concentration in school counseling. I earned my degree from Eastern Michigan University, a CACREP accredited institution, and am trained to work with children, adolescents, and adults. I am a Licensed Professional Counselor (LPC), school counselor (NT, K-12) and a National Certified Counselor (NCC) through the National Board of Certified Counselors.

I am a member and abide by the ethical codes of the American Counseling Association as well as the national, regional, and state divisions of counseling, school counseling, and counselor education and supervision. I have had training and experience in a number of areas including individual and group therapies for children, adolescents and adults. My areas of specialization include families, college/career, grief, infertility, anxiety and depression.

EXPECTATIONS AND/OR ANTICIPATED RESULTS; POSSIBLE RISKS

My expectations of our counseling relationship include consistent attendance and a dedication to the counseling process. There are many benefits to counseling such as improved feelings towards work or academics, enhanced personal development, improved interpersonal relationships, and more. Along with these benefits there can also be risks, which include remembering or addressing difficult feelings, memories, or events that could create discomfort. Working through this process can be difficult, but will be aided by a commitment to change and the counseling process. If our work together leads to concerns beyond my expertise, proper referral sources will be suggested.

CULTURAL AWARENESS:

I am aware that we all have our bias, but an underlying theme of respect is extremely important. I am constantly trying to learn and develop further and recognize that our different backgrounds and life experiences could have us view things through a different lens. I hope you will feel comfortable coming to me with any questions or concerns during this process. I am committed to listening for a complete understanding and will continually work to develop trust and rapport in our counseling relationship.

CONFIDENTIALITY:

I follow Federal and State laws and ethical standards for counselors; this includes ensuring your confidentiality. In most cases, I will not share information you confide in me with anyone else without permission from you. I will be forced to break confidentiality if you may be harmful to yourself or to others as well as if another person is harming you. This information is shared confidentially and exclusively for the purpose of protecting you. Additionally, I may also be required to respond to subpoenas and participate in other legal proceedings dictated by the courts.

CHARGES:

I do not charge a fee for services provided to students in a school setting. In a private setting I offer individual counseling services, couples counseling services, and family counseling services all at a rate of \$100 per session (sliding scale available based on need). Cash or credit card (including HSA) payments are accepted prior to the start of any counseling session. Counseling sessions last 1 hour including 45 minutes for therapy and 15 minutes for billing/clerical matters.

In the event you would like to file a complaint regarding my services, please contact:

Michigan Department of Licensing & Regulatory Affairs
Investigations & Inspections Division
P.O. Box 30670
Lansing, MI 48909-8170
517.241.0205