



The On Earth Project

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THE ON EARTH COUNSELING PROJECT

The On Earth Counseling Project is dedicated to providing a safe and supportive environment wherein counselors partner with clients to work toward sustainable personal growth, healing, and mental/emotional health.

–Mission Statement

PROFESSIONAL DISCLOSURE STATEMENT LIMITED PROFESSIONAL COUNSELOR

DESCRIPTION OF EDUCATION AND EXPERIENCE

I hold my master's degree in professional counseling from Central Michigan University. My emphasis was community based and mental health counseling. I completed 60 credit hours which included career counseling, personal and professional development, multicultural issues, professional ethics and consultation, assessment, theories and techniques of group counseling, techniques, counseling theories, researcher, diagnosis and treatment planning, as well as addictions. I have provided individual, family, and group-based counseling both at the outpatient setting as well as partial hospitalization. I current am employed with Behavioral Health Professionals Inc.

DESCRIPTION OF YOUR PRACTICE

I do not provide any counseling services with Behavioral Health Professionals Inc. I provide individual, group, couples, and family counseling in my private practice. My primary mode of counseling in the school setting is Solution-Focused Brief Therapy. In private practice I primarily work from a Person-Centered philosophy at times incorporating elements of Rational Emotive Behavior Therapy, Cognitive Behavioral Therapy, and Solution-Focused Therapy. Ultimately, my belief is that clients have everything they need on the inside to work through any struggle. It is my role as a counselor to partner with my clients through therapeutic processes (counseling sessions) as one pillar in their journey to personal growth and healing.

FEE

I do not charge a fee for services provided to students in a school setting. I offer individual counseling services to clients in my private setting at a rate of \$100 per session (sliding scale available based on need). Couples counseling sessions cost \$100 per session. Cash or credit card (including HSA) payments are accepted prior to the start of any individual counseling session. Counseling sessions last one hour, including 45 minutes for therapy and 15 minutes for clerical/billing matters.

In the event that you would like to file a complaint regarding services, send written complaints to the following location:

Michigan Department of Licensing and Regulatory Affairs
Enforcement Division
Allegations Section
PO Box 30670
Lansing MI 48909
(517) 373-9196